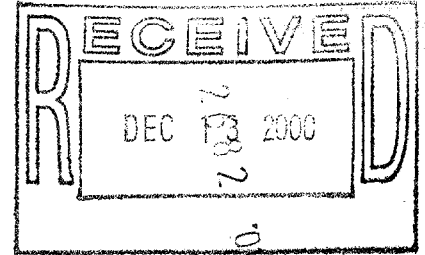


*Partners in Health and Beauty*

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW  
Washington, D.C. 20204



JUN -7 11:06

November 20, 2000

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of MSM Tablets (dietary ingredient: MSM (methylsulfonylmethane)). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

**Essential for connective tissue, musculoskeletal and skin health. Sulfur is essential for numerous electrochemical, catalytic and structural functions in human metabolism.**

Sincerely,

Morag Thorsen  
Regulatory Affairs Manager B.A., M.A.L.S.

975-0162

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